



## VOLUNTEER ROLE CLUB ASSISTANT HEATON

### Role:

- To assist at a weekly Activities & Reminisce Club (ARC) for men and women aged 65 and over (Tuesday 1.30pm – 3.30pm)

### Role Description:

- Help set up and clear away
- Spend time talking and interacting with members
- Assist with activities
- Help on outings
- Help make and serve refreshments, wash and dry dishes

### Skills and Attributes:

- Empathetic
- Caring / compassionate
- Good listening skills
- Patient
- Reliable
- Non Judgemental

### Expenses:

- Out of pocket expenses paid in line with our Volunteer Policies and Procedures

### Training:

- Induction
- Safeguarding
- Any other training appropriate to the role

### Frequency:

- Weekly commitment of approx. 3hrs per week OR
- Regular commitment (other than weekly) of approx. 3hrs

### Minimum Age:

- 18 yrs

### Location:

- Heaton Methodist Church, 7 Simonside Terrace, Heaton, Newcastle upon Tyne NE6 5JX

### Interested:

- Phone 0191 2709707 / email [admin@handinhandproject.org.uk](mailto:admin@handinhandproject.org.uk) / on line [www.handinhandproject.org.uk](http://www.handinhandproject.org.uk)

